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26
FEB

EDITORIAL

ANALYSIS

READING

GRAMMAR

VOCAB

WITH

MCQs

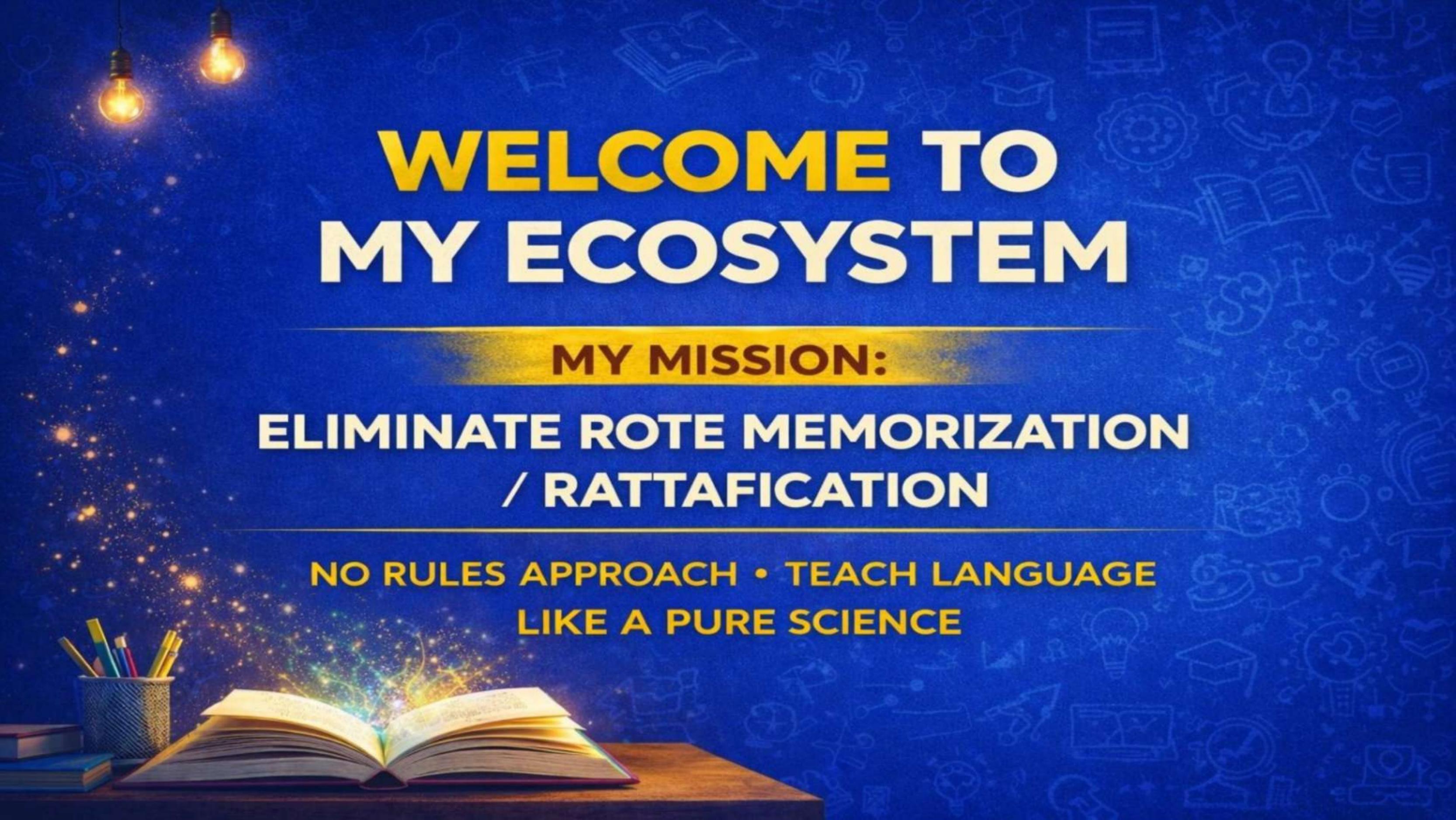
BANK

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STATE EXAMS



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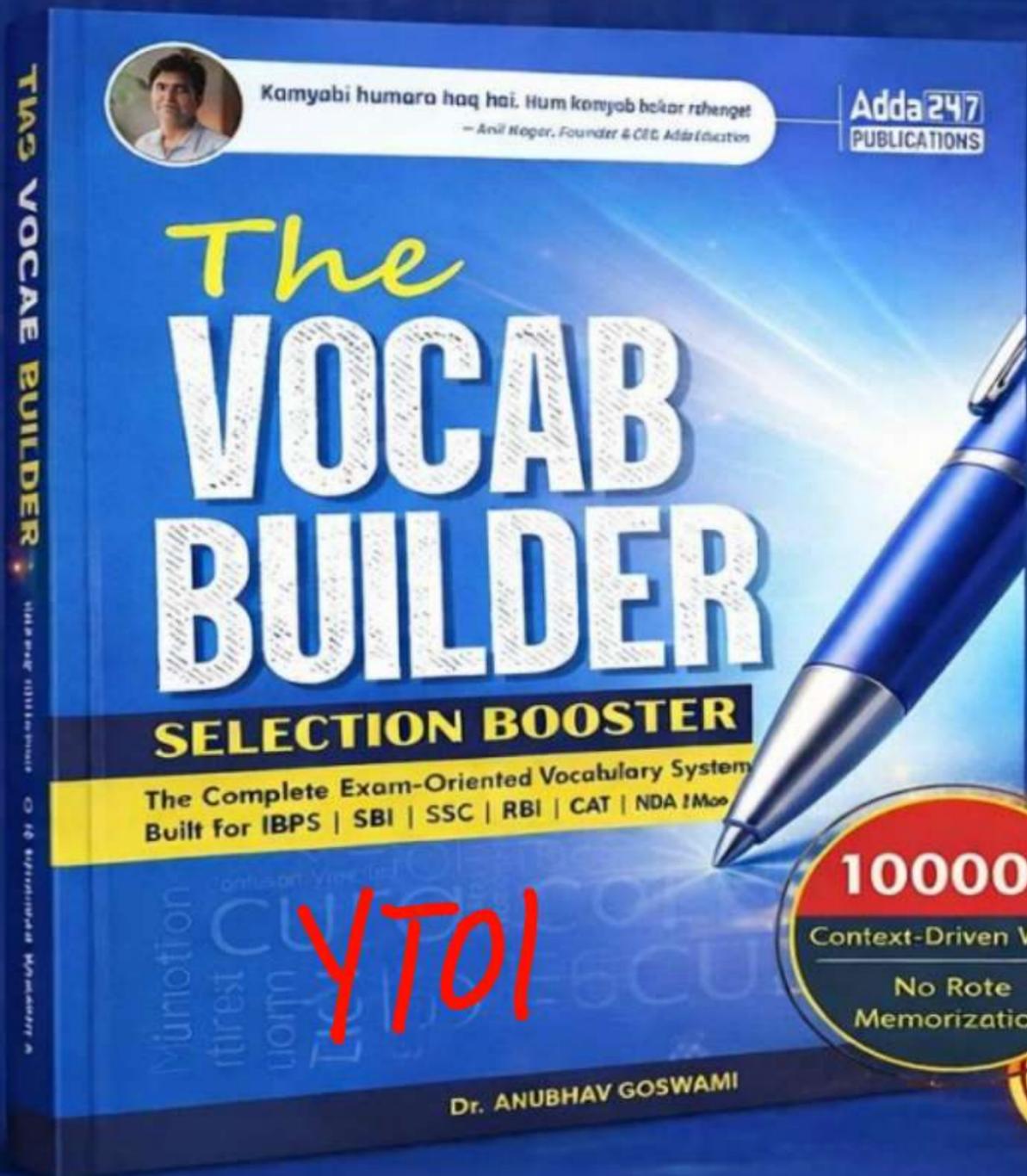
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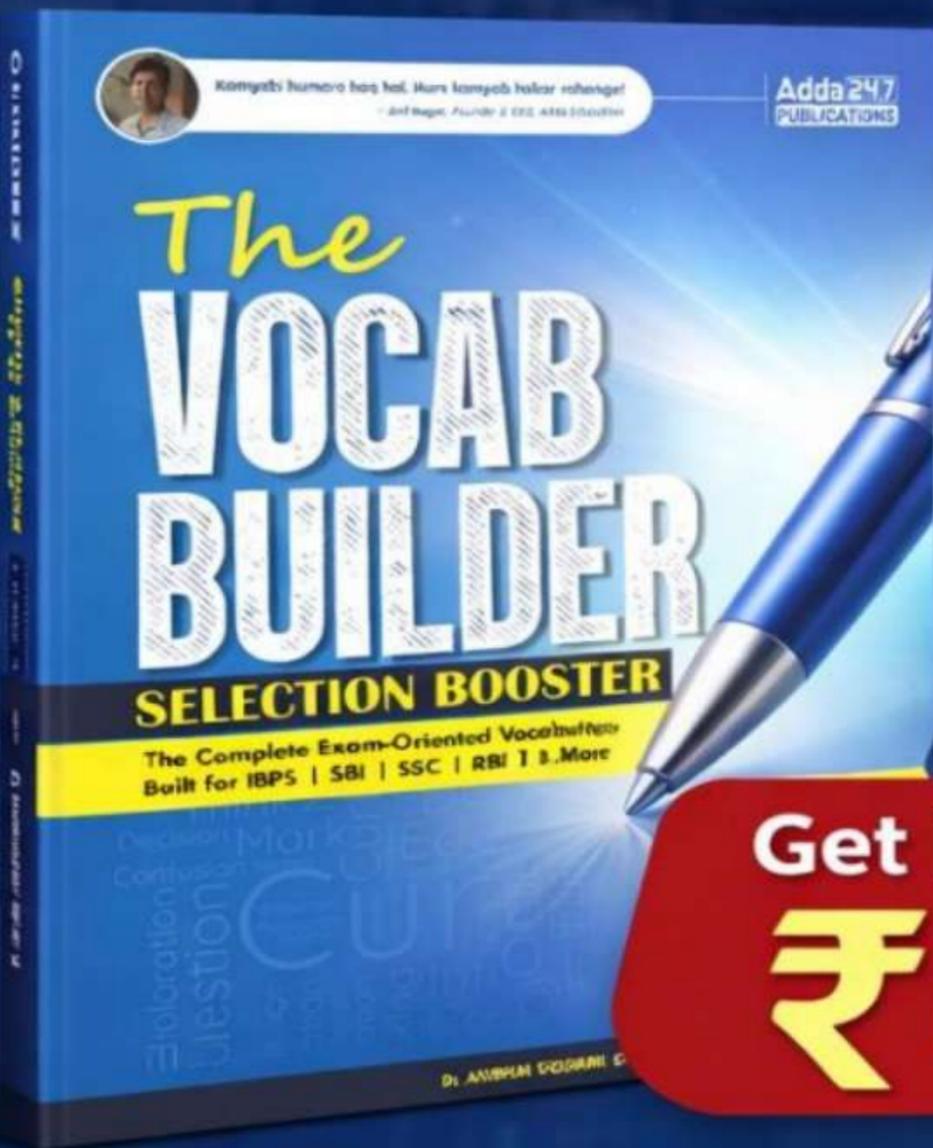


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YouTube Schedule

8:00 AM

THE HINDU EDITORIAL

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11:30 AM

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12:30 PM ✓

Target Batch for RBI ASSISTANT (Pre + Mains)

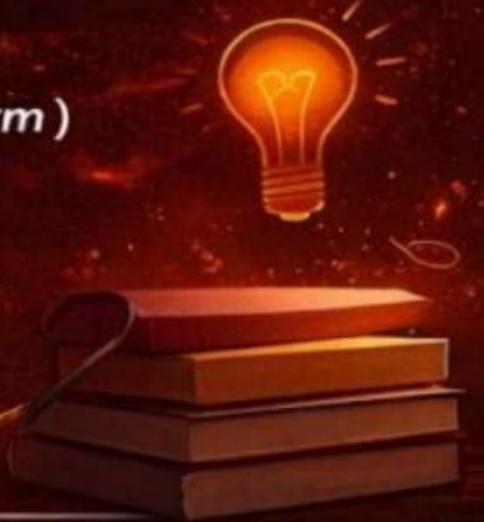


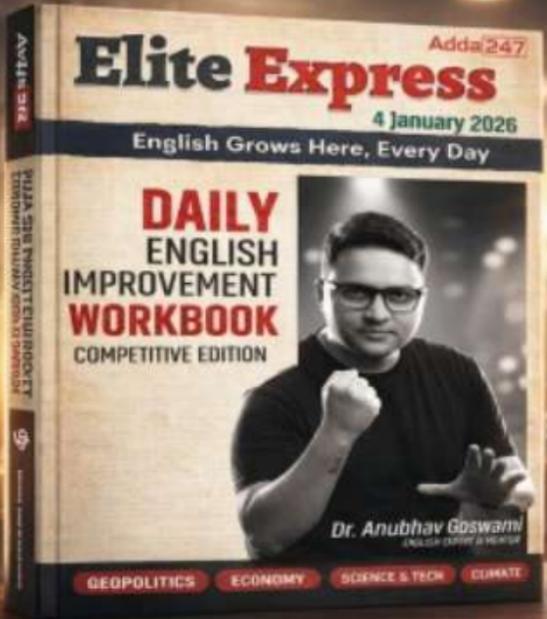
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LIVE AT 6 PM



THE HINDU VOCAB NOTES



THE HINDU

WEEKLY

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BANK | SSC | UPSC | STATE EXAMS

#3



RBI ASSISTANT 2026



40

DAYS

CRASH COURSE

SUPERMOCK

ENGLISH

DAY-2

जान लगा दो
या जाने दो





TEXT WISCONSIN TO 88022
TRUMP
MAKE AMERICA GREAT AGAIN!
2024



ALLUDE

refer indirectly ✓
Allusion

संकेत करना

Elude - to escape ✓



SYNONYMS

Refer ✓

Imply ✓
Hint ✓
Suggest ✓
Intimate ✓
Invoke

Insinuate ✓
Cite
Denote ✓

ANTONYMS

Declare ✓
Proclaim ✓
Assert ✓
Specify ✓
Expound ✓

Elucidate
Pronounce ✓
Articulate ✓

FORMS

Beat around the bush ✓
Drop a hint ✓

During the press briefing, the minister chose to _____ to internal disagreements without revealing specific names.



APOPLECTIC

क्रोध से उन्मत्त (AOM)

overcome with furious anger

Splenetic

Phlegmatic
Stoic

SYNONYMS

Indignant

ANTONYMS

Calm
Serene

Incensed ✓
Enraged ✓
Irrascible ✓
Wrathful ✓

Injured

Composed ✓
Equanimous ✓
Placid ✓
Temperate

Palliative
Mollifying
Assuaging

Incensed

Seething

Tranquil

Soothing

Incensed

Choleric ✓

Unruffled

Furious



FORMS

Foam at the mouth ✓

Fly off the handle

Unperturbable

The director became _____ when he discovered the confidential report had been leaked.



FRAUGHT

तनावपूर्ण (AOM)

filled with tension or risk



SYNONYMS

Chaotic
Ominous

Perilous ✓
Precarious ✓
Volatile ✓
Charged ✓
Tumultuous ✓

Treacherous
Contentious

ANTONYMS

Secure ✓
Stable ✓
Benign ✓
Serene ✓

Harmless / *Innocuous*

Calm

FORMS

Walking on thin ice ✓
A powder keg ✓

The institution remained financially + calm despite the broader market volatility.



CONTRITE

पश्चात्तापी (Aap)

deeply remorseful



SYNONYMS

Rueful

- Penitent ✓
- Remorseful ✓
- Repentant ✓
- Regretful ✓
- Humble ✓

Compunctions ✓

Ashamed ✓

Apologetic ✓

ANTONYMS

Insolent

Callous

- Unrepentant ✓
- Defiant ✓
- Impenitent ✓
- Unremorseful ✓
- Apathetic ✓

Arogant ✓

Brazen ✓

Indifferent ✓

FORMS

- Beat one's breast ✓
- Hang one's head ✓

Even after the inquiry, he appeared _____ about his controversial remarks.



SWATHE

लपेटना Verb / Noun

wrap or envelop



SYNONYMS

- Envelop ✓
- Shroud ✓
- Cloak ✓
- Drape ✓
- wrap

Mantle

- Sheathe
- Veil
- Conceal
- obscure

ANTONYMS

- Unveil ✓
- Expose ✓
- Uncover ✓
- Strip ✓

- Divest
- Bare
- Peel

FORMS

- Shrouded in secrecy ✓
- Cloak and dagger ✓

Early morning mist began to _____ the valley, blurring the outline of distant hills.



PLUMMET

तेज गिरना

fall sharply

Decrease
Slump
Nosedive
Carroche

Surge

Bolster
Proliferate

SYNONYMS

Taper

ANTONYMS

Augment
Ameliorate

Plunge

Sink further

Soar

Nosedive

Descend
wane

Ascend

Tumble

Collapse

Ebb

Surge

Rally

Snowball

Dwindle
Erode

Subside

Burgeon

Rebound



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FORMS

Hit the skids

Go into a tailspin

Investor confidence began to _____ following the unexpected policy reversal.



DISDAIN

तिरस्कार

Noun

contemptuous scorn

Insult

Disparagement

SYNONYMS

- Contempt ✓
- Derision ✓
- Scorn ✓
- Loathing ✓

Condescension

Sheer
Belittling

Reprobation

Antipathy

ANTONYMS

- Admiration ✓
- Esteem ✓
- Respect ✓
- Reverence ✓

Deference

Respect

Regard

Affinity



FORMS

- Turn one's nose up at ✓
- Treat with contempt ✓

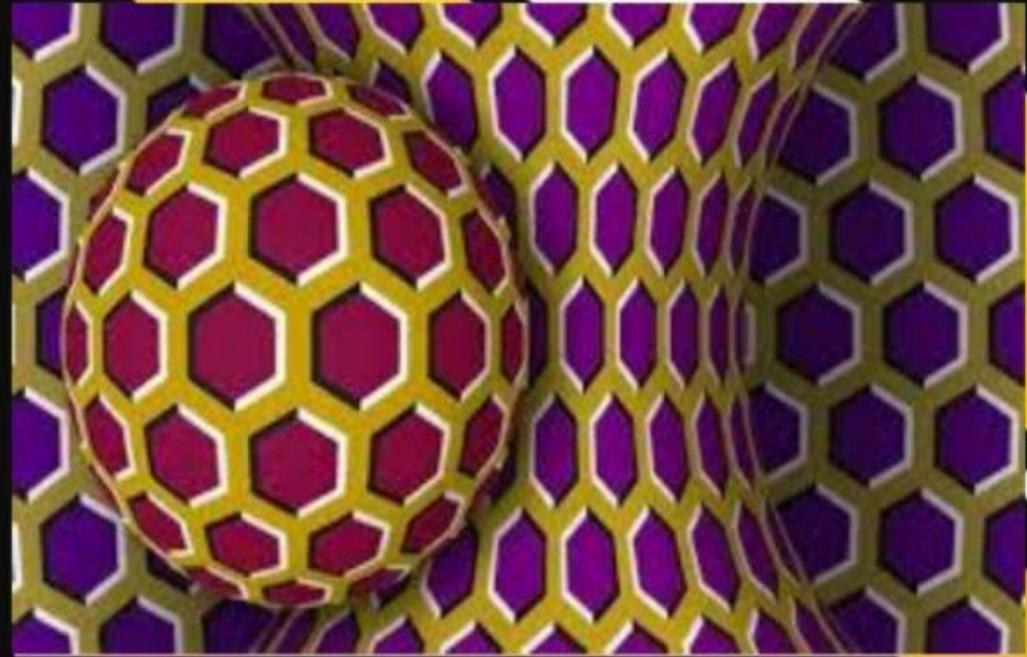
Her unwavering integrity earned the _____ of colleagues across departments.



DISENCHANT

मोहभंग करना

remove illusions ✓



SYNONYMS

- Disillusion ✓
- Disabuse ✓
- Disappoint ✓
- Detract ✓

Dishearten ✓
Unsettle ✓

ANTONYMS

- Enchant ✓
- Captivate ✓
- Delight ✓
- Inspire ✓

Fascinate
Uplift
Charm

FORMS

Bring down to earth
Take the shine off ✓

The speaker's eloquence managed to _____ the audience throughout the session.



DERIDE

उपहास करना

ridicule contemptuously

Insult



SYNONYMS

- Ridicule ✓
- Mock ✓
- Lampoon ✓
- Satirize ✓

Sneer

ANTONYMS

- Praise ✓
- Commend ✓
- Applaud ✓
- Laud ✓

FORMS

- Laugh to scorn
- Pour scorn on

Critics were quick to _____ the proposal as impractical and poorly conceived.



GALVANISE

stimulate into action

प्रेरित करना
Verb

Catalyze

Inspire

SYNONYMS

Stimulate
Electrify
Spur
Incite

Motivate
Rouse

Inflame

Provoke
Injuriate

ANTONYMS

Deter
Discourage
Inhibit
Suppress

Preclude
Repress
Hinder
Obstruct
Stymie

VOCABULARY

Galvanize

(v.) /galvanAyz/

Meaning-
to shock or excite
someone into taking
action

Example-
The speech galvanized the crowd to start
the protest.

@empower_english2020

FORMS

Rally the troops
Stir into action

The reform agenda helped _____public support for systemic change.



PHRASAL VERBS

• **Fob off on** – to pass a problem or responsibility onto someone else to avoid dealing with it oneself.

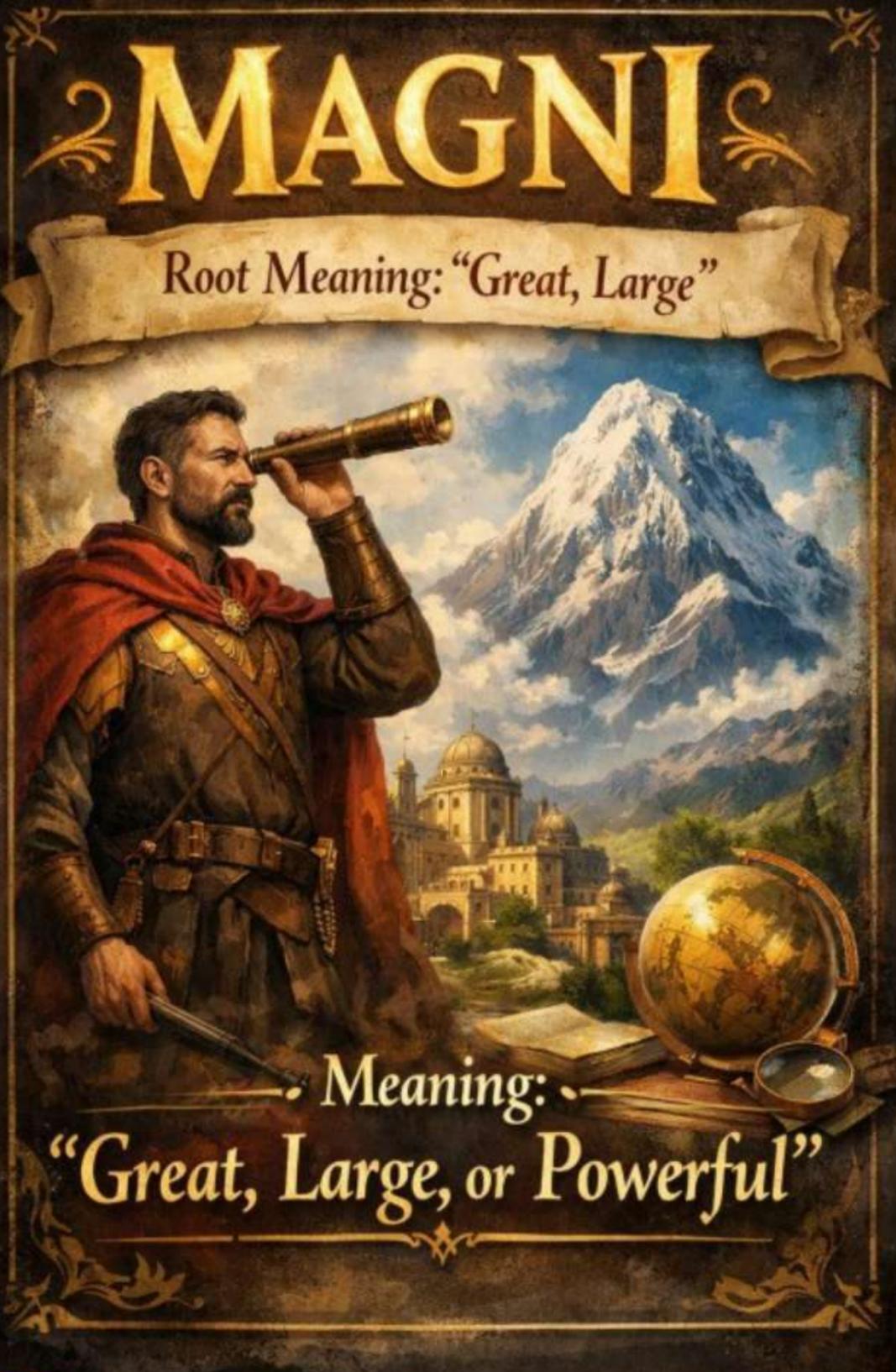
Sentence: The department tried to fob off the accountability for the delay on subordinate staff.

• **Rake over** – to revisit and examine an old issue repeatedly, often unnecessarily.

Sentence: The committee chose not to rake over past controversies during the reform discussions.

• **Sift through** – to examine something carefully in order to separate what is useful from what is not.

Sentence: Investigators had to sift through thousands of documents to identify financial discrepancies.



1. **Magnify** – to make larger
2. **Magnifier** – enlarging lens
3. **Magnificent** – grand; splendid
4. **Magnificence** – grandeur
5. **Magnanimous** – generous; big-hearted
6. **Magnanimity** – generosity of spirit
7. **Magnate** – powerful person
8. **Magnitude** – greatness in size/importance
9. **Magniloquent** – using grand language
10. **Magnific** – great; noble

BANKING | SSC | OTHER COMP EXAMS



120 CONCEPTS OF **+30** **GRAMMAR**

NO RULE APPROACH

- By Anubhav Sir



In his 2026 State of the Union address, U.S. President Donald Trump chose to (double down) on the politics of his conservative support base by **touting** his second administration's achievements with regard to divisive, if not polarising issues relating to immigration, the cost of living, and foreign policy concerns including tariffs and the prospect of war in the context of Iran. The speech itself comes at a **fraught** moment for the Trump White House, days after the U.S. Supreme Court struck down its use of the International Emergency Economic Powers Act to slam a broad **swathe** of trading partners, including India, with punitive tariffs. An apparently **undaunted** Mr. Trump repeated his earlier remarks on social media hinting at **disdain** for the ruling, when he described it during the speech as "unfortunate" and argued, against evidence to the contrary regarding the **burgeoning** public debt, that the tariff revenues received by his government were "saving" the U.S. Similarly, he neatly avoided **alluding** to the two Americans killed in ICE raids in Minneapolis or the agency's other heavy-handed actions targeting "criminal aliens" and "drug lords". With regard to Iran, even though Washington has rapidly built up its force posture across West Asia following Teheran's crackdown on protesters, Mr. Trump appeared to be holding out hope for a **modus vivendi** when he said, "My preference is to solve this problem through diplomacy. But... I will never allow the world's number one sponsor of terror, which they are by far, to have a nuclear weapon."

If Mr. Trump's remarks in Congress sounded self-congratulatory, that might have been because they echoed a well-rehearsed campaign speech ahead of the critical mid-term elections. While it is true that inflation has gradually come down during Mr. Trump's second term, his description of the price trend as "**plummeting**" might have appeared to some to be an exaggeration, especially given that it was under his predecessor Joe Biden that prices came off their nearly 9% peak in mid-2022 to 2.9% by the time Mr. Trump entered the White House, leading to the current rate of nearly 2.4%. More concerning for the White House and Republican lawmakers, opinion polls suggest that most Americans are **disenchanted** with the tariff policy and its cost-escalating pressure on the economy, with the design and implementation of the current immigration policy, and with the perceived involvement of Mr. Trump in the Epstein scandal. While an upbeat address to a joint session of Congress might **galvanise** the faithful, it will take more than words to alter the bitter ground realities faced by the common people and they tend to express their frustrations in this context at the ballot box.

1. What is the central purpose of the President's address as portrayed in the passage?

- A. To project administrative successes while energising a biased constituency
- B. To present bipartisan reforms aimed at reconciling ideological divisions
- C. To concede policy failures and propose conciliatory legislative remedies
- D. To outline neutral economic indicators without political embellishment
- E. To defer contentious matters pending judicial and congressional review

2. Why does the author compare inflation rates under two administrations?

- A. To defend earlier trade protection measures
- B. To prove the current leadership achieved full recovery
- C. To criticise independent financial institutions
- D. To show inflation has consistently increased
- E. To question the way economic improvement is presented

3. Which of the following can be inferred regarding public opinion?

- A. Citizens overwhelmingly endorse intensified trade restrictions
- B. Voters remain largely apathetic toward ~~economic~~ policy shifts
- C. Public sentiment reflects dissatisfaction across policy fronts
- D. Approval ratings have surged due to immigration enforcement
- E. Electoral concerns are confined to foreign policy decisions

4. Which of the following best captures the author's broader argument?

- A. Trade protectionism ensures domestic economic revival
- B. Judicial intervention consistently shapes foreign relations
- C. Electoral rhetoric cannot permanently obscure lived realities
- D. Immigration reform remains universally popular among voters
- E. Diplomatic ambiguity strengthens geopolitical deterrence

5. Which of the following statements are correct according to the passage?

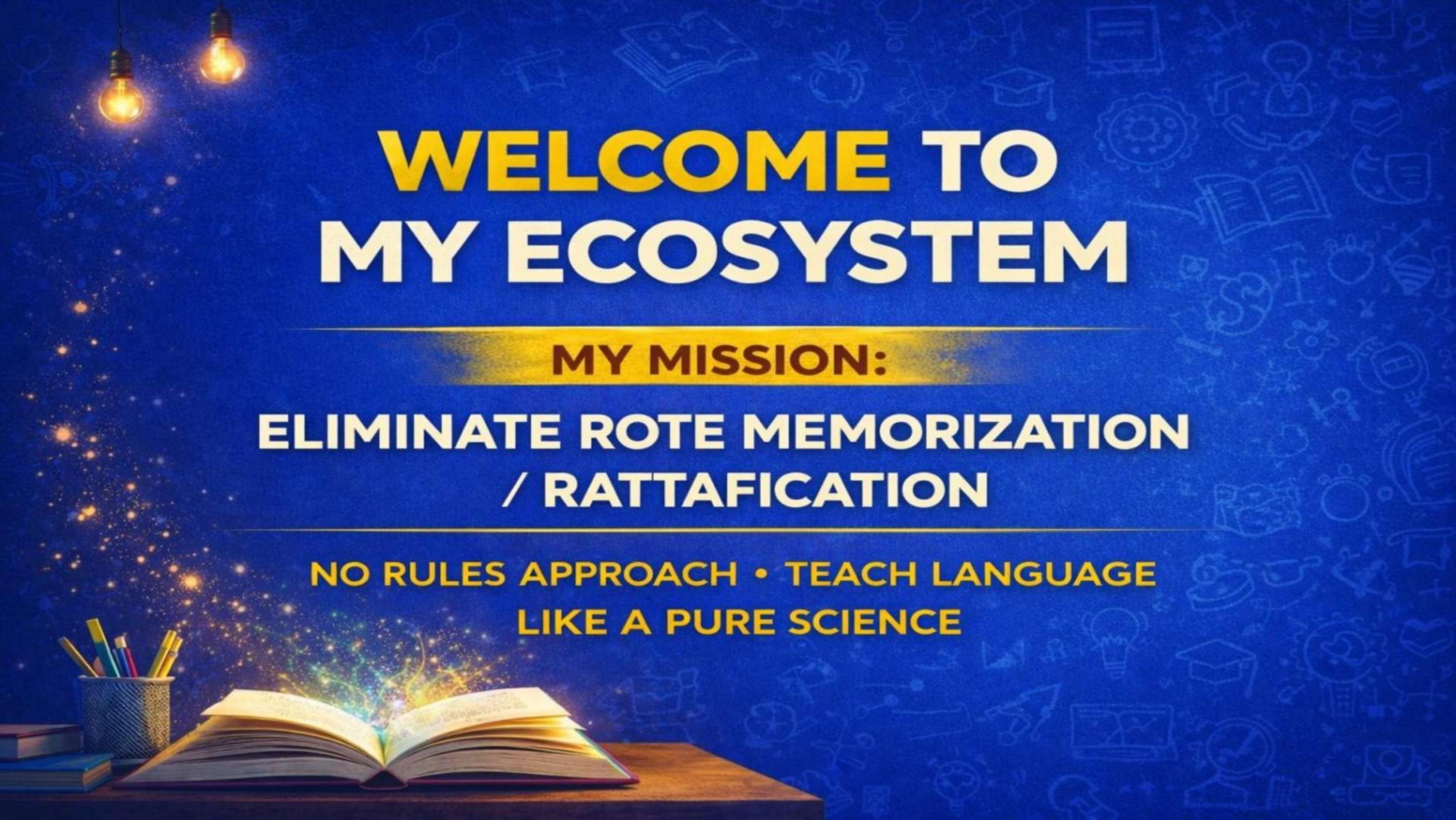
- A. The President continued to defend the tariff policy despite judicial opposition.
- B. The Supreme Court fully supported the use of emergency trade powers.
- C. The speech avoided reference to certain controversial enforcement actions.
- D. Public opinion strongly favours the current tariff measures.
- E. Inflation had already declined significantly before the current term began.

- A. Only 1 and 3
- B. Only 1, 3 and 5
- C. Only 2 and 4
- D. Only 1, 4 and 5
- E. All 1, 2, 3, 4 and 5

6. Which of the following statements reflect the author's critical stance?

- A. The description of inflation as "plummeting" may be exaggerated.
- B. Tariff revenues clearly solved the issue of public debt.
- C. Public dissatisfaction extends across multiple policy areas.
- D. The administration avoided mentioning certain negative incidents.
- E. The Supreme Court ruling strengthened executive authority.

- A. Only 1 and 4
- B. Only 1, 3 and 4
- C. Only 2 and 5
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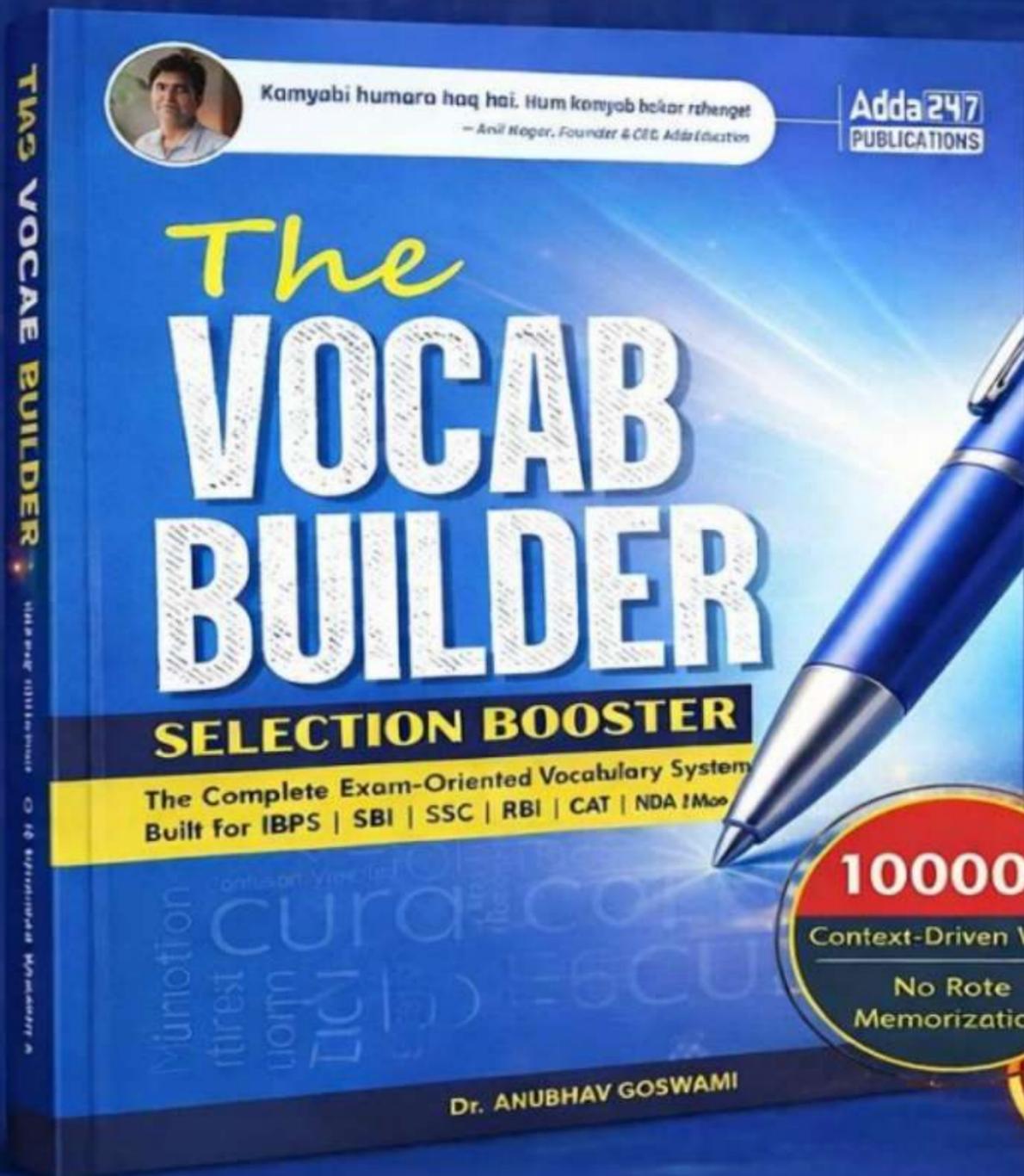
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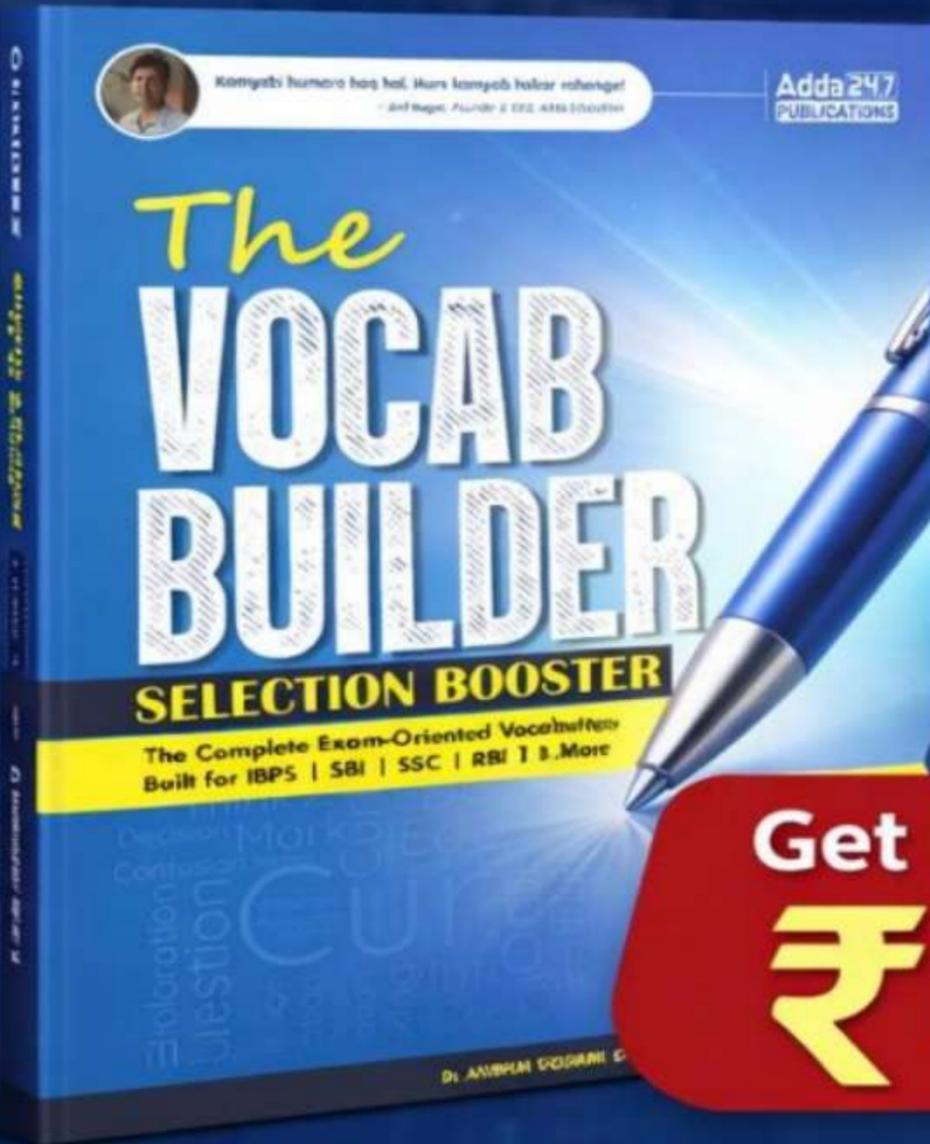
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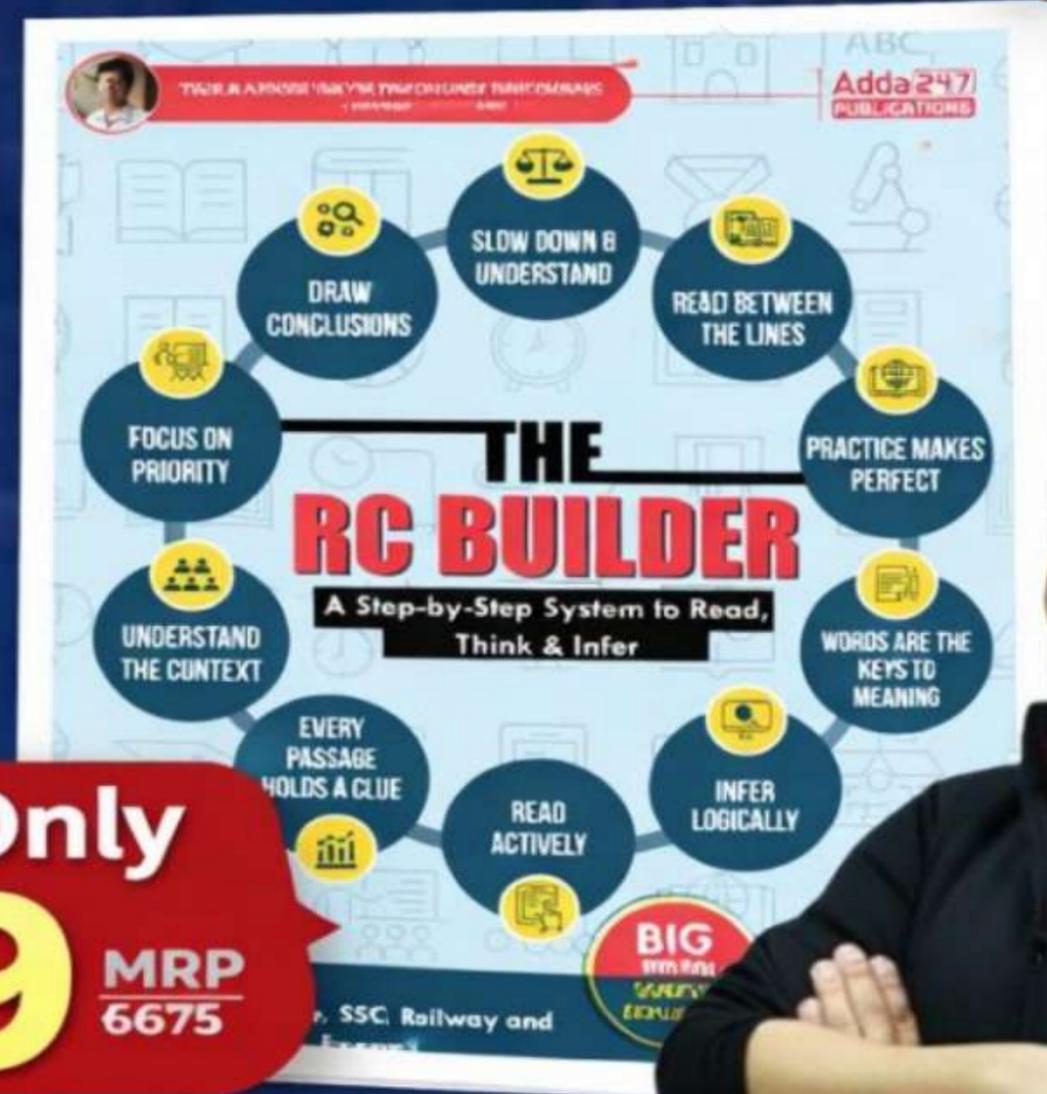
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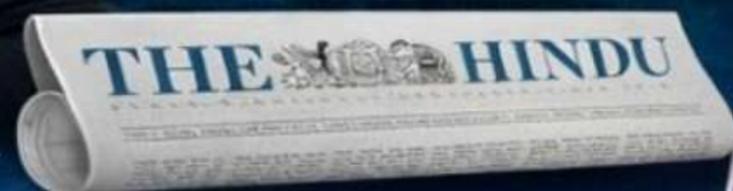


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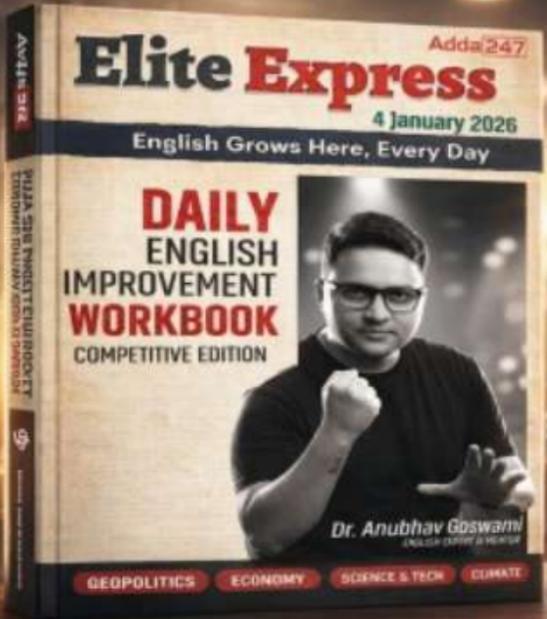
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THE HINDU VOCAB NOTES



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#3





In contemporary India, bottled water has shifted from occasional convenience to everyday necessity. Across railway stations, offices and restaurants, packaged drinking water is now routine, driven by declining trust in municipal supplies and the belief that water sealed in plastic is safer.

Recent scientific studies, including research conducted in India, have begun to challenge this perception. While bottled water is regulated and generally microbiologically safe, concerns are no longer limited to bacteria and pathogens. Attention is turning to less visible risks, including microplastic particles and trace chemicals that leach from plastic containers, and their potential long-term implications for human health and environmental sustainability.

Microplastics are plastic particles smaller than five millimetres. Bottled drinking water has become a direct route of human exposure. A study in Nagpur detected microplastics in all sampled brands, with concentrations ranging from 72 to 212 particles per litre. Locally bottled water showed higher contamination than national brands, pointing to gaps in bottling practices and quality control.

Similar findings emerged from studies in Mumbai and coastal Andhra Pradesh, where microplastics were detected in every sample analysed. These findings indicate that microplastics in bottled drinking water constitute an emerging contaminant in India.

The health effects of ingesting microplastics remain under investigation. These particles can carry toxic additives and pollutants, and emerging research suggests smaller particles may cross biological barriers. The issue is compounded by nanoplastics, which fall below detection thresholds and remain outside existing safety regulations.

This reveals a regulatory gap: exposure through everyday sources such as bottled water is documented, yet safety standards remain focused on visible or short-term contaminants, leaving potential long-term risks unmonitored. While detected chemicals often remain within regulatory limits, existing standards assess isolated substances over short durations. They do not adequately account for cumulative, long-term exposure to multiple additives in combination with microplastics.

In India, packaged drinking water is regulated primarily by the Food Safety and Standards Authority of India (FSSAI). However, current standards do not include testing for microplastics or adequately address long-term exposure to plastic-derived chemicals. Enforcement gaps persist, especially among numerous small bottling units operating with limited oversight. The public health risks of bottled water cannot be separated from its environmental footprint. Single-use bottles contribute significantly to India's plastic waste crisis, fragmenting into microplastics that re-enter ecosystems and water sources.

Bottled water remains indispensable during emergencies and in areas lacking potable infrastructure. The concern is over-dependence and misplaced trust. Reducing exposure requires point-of-use filtration, avoiding heat storage, expanding refill stations, strengthening municipal systems, improving transparency, and updating regulatory frameworks to include routine testing for microplastics and plastic-derived contaminants.

When scientific evidence accumulates, the question is not whether the problem exists, but whether regulatory institutions are willing to acknowledge, measure and address it.

7. If the Supreme Court had mandated a household-based verification, the author suggests it would likely have:

- A. accelerated the publication of revised rolls
- B. reduced reliance on outdated demographic estimates
- C. increased administrative convenience for officials
- D. ensured more comprehensive voter inclusion
- E. curtailed judicial scrutiny of electoral procedures



11:30

8. Which inference can be drawn regarding gender-based deletions?

- A. Male electors faced systematic exclusion in rural constituencies
- B. Women experienced proportionately higher removals
- C. Gender data lacked statistical reliability for evaluation
- D. Female migration patterns stabilized registration ratios
- E. Judicial audits corrected imbalances before publication

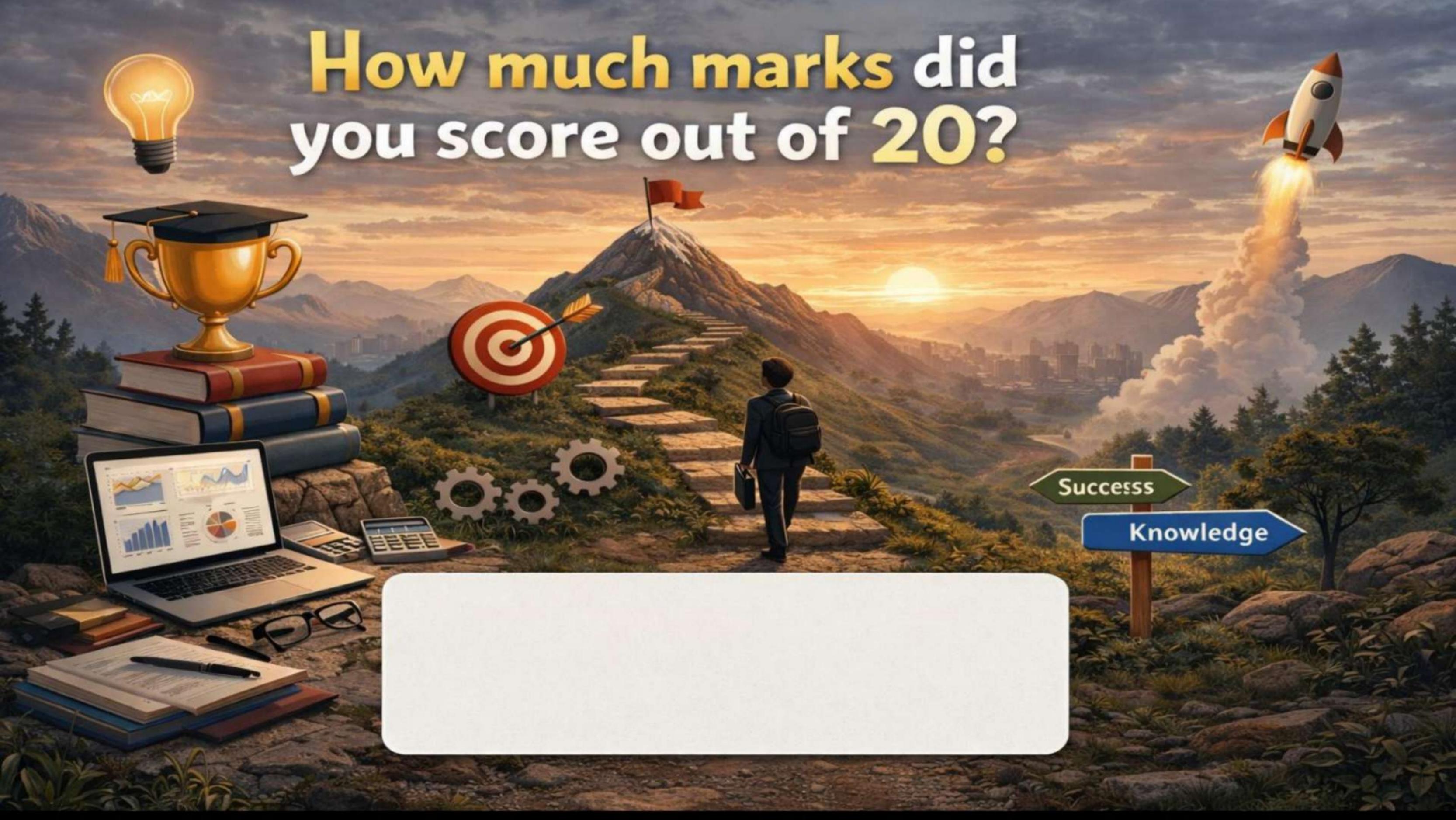
9. Which of the following would most strengthen the author's argument?

- A. Evidence that revised rolls matched independent demographic surveys
- B. Data showing uniform deletion rates across demographic categories
- C. Reports confirming seamless grievance redressal mechanisms
- D. Statistical proof that temporary migrants re-registered promptly
- E. Independent audits revealing large-scale unintended exclusions

10. Choose the word that is most nearly opposite in meaning to *lacunae*.

- A. Plenitude
- B. Incongruity
- C. Disjunction
- D. Anomaly
- E. Fragmentation

How much marks did you score out of 20?





RESET

SELECTION MODE

ACTIVATED

कुछ तो नया है...

26 FEB | 6:00 PM



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